

Decoupage Flower Pots

Recommended for: Elders and preschoolers (3-5 yrs.)

Objectives:

- Interact/Communicate (verbal/non-verbal)
- Enhance self-esteem/ Pride in accomplishment
- Stay on task/Complete an activity
- Work as a team/Cooperate
- Be generative/ Nurturing/ Helpful/ Caring
- Reminisce/ Reflect
- Exercise motor skills (fine or gross motor)
- Take initiative
- Be creative

Materials needed (per pair):

- Flower pot (standard, small)
- Tissue paper
- Pictures and other types of paper
- Decoupage glue
- Paint brushes
- Bowls for glue

Methods:

Facilitator Preparation

1. Alternate adult and child chairs around table.
2. Pour glue into a bowl for each pair, about 1 cup glue in each bowl.
3. Lay out one pot, bowl of glue, and brushes at each set of chairs for each pair.
4. Lay tissue paper on table within reach of participants.

Intergenerational Participants

1. Tear up tissue paper.
2. Glue pieces of paper to pot with thin layer of glue, covering pot.
3. Paint a thin layer of glue over the paper.
4. Set aside to dry.

Special Considerations:

- Smocks and gloves should be available for participants.
- Remind participants that glue should not be eaten.

Key Conversation/Facilitation Questions:

- What do you need to make a flower grow?
- Do you enjoy gardening?
- Can you tell ____ what you grow/ used to grow?