

# Leaf Rubbing

**Recommended for: Elders and preschoolers (3-5 yrs.)**

## **Objectives:**

- Be Generative/Nurturing/Helpful/Caring
- Interact/Communicate (verbal/non-verbal)
- Exercise Motor skills (fine or gross motor)
- Enhance Self-Esteem/Pride in Accomplishment
- Be creative
- Stay on Task/Complete an Activity
- Work as a Team/Cooperate

## **Materials needed (per pair):**

- 1 small bottle brown paint
- 2 brushes
- 1 bowl for paint
- Heavy construction paper
- 2-3 long pieces of masking tape
- Colored pencils
- Leaves (foliage)
- Paper towels

## **Methods:**

### Facilitator Preparation

1. Collect leaves prior to craft. (See Collecting Leaves and Flowers Opportunity)
2. Prepare opportunity by placing newspaper on tabletop to protect from paint.
3. Set up the chairs in pairs of two around the table and set out items for each pair.

### Intergenerational Participants

1. Place one or several leaves underneath the construction paper.
2. Rub over the leaves with a colored pencil to make an impression on the paper.
3. Place the masking tape onto the construction paper in a way that will create a tree trunk.
4. Squirt/pour some of the brown paint into the shared bowl.
5. Paint over the tape with the brown paint to create the trunk of the tree.

## **Special Considerations:**

- Make sure participants do not eat the paint or other materials.

## **Key Conversation/Facilitation Questions:**

- Can anyone tell me what tree this leaf came from?
- How many trees do you have in your yard at home?
- Can you hold the paper while your partner puts the tape on?