

CURRICULUM VITAE

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Education

- 2004** Intergenerational Specialist Certificate
University of Pittsburgh
- 1999** Ph.D. Human Development and Family Studies
The Pennsylvania State University
Thesis: "The effects of social support on outcomes of caregivers of dementia patients."
- 1999** Graduate Minor Gerontology
The Pennsylvania State University
- 1995** M.S. Human Development and Family Studies
The Pennsylvania State University
Thesis: "The effects of day care on time usage by employed and non-employed caregivers."
- 1992** B. S. Human Development
The University of California, Davis

Professional Experience

- 2005** Associate Professor, Department of Human Development
Director of Research, VT Adult Day Services
Virginia Polytechnic Institute and State University
- 1999-2005** Assistant Professor, Department of Human Development
Director of Research, VT Adult Day Services
Virginia Polytechnic Institute and State University
- 1993-1998** Instructor, Research Assistant, Teaching Assistant
The Pennsylvania State University

Juried Publications

Jarrott, S. E., Gigliotti, C. M., & Smock, S. A. (In Press). Where do we stand? Testing the foundation of a shared site intergenerational program. *Journal of Intergenerational Relationships*.

- Fruhauf, C. A., Jarrott, S. E., & Allen, K. R. (2006). Grandchildren's perceptions of caring for grandparents. *Family Issues*, 27, 887-911.
- Gigliotti, C. M., & Jarrott, S. E. (2005). Growing gardeners at adult day services: Effects of horticulture therapy on engagement and affect. *Canadian Journal on Aging*, 24(4), 49-59.
- Gigliotti, C. M., Morris, M., Smock, S., Jarrott, S. E., & Graham, B. (2005). Supporting community through an intergenerational summer program involving persons with dementia and pre-school children. *Educational Gerontology*, 31, 425-441.
- Jarrott, S. E., Zarit, S. H., Stephens, M. A. P., Townsend, A., & Greene, R. (2005). Instrumental help and caregivers' distress: Effects of change in informal and formal help. *American Journal of Alzheimer's Disease and Related Dementias*, 20, 181-190.
- Weaver, B. L., Jarrott, S. E., & Rogers, S. D. (2005). Considerations for designing a combined flexibility and walking program for adults with dementia. *Activities Directors' Quarterly*, 6(2), 2-11.
- Jarrott, S. E., Gladwell, M. S., Gigliotti, C. M., & Papero, A. L. (2004). Fostering intergenerational community between child & adult care programs: A Results Management approach. *Canadian Children*, 29(2), 4-13.
- Fruhauf, C. A., Jarrott, S. E., & Lambert-Shute, J. (2004). Service-learners at dementia care programs: An intervention for improving contact, comfort, and attitudes. *Gerontology & Geriatrics Education*, 25 (1), 37-52.
- Lambert-Shute, J. L., Jarrott, S. E., & Fruhauf, C. A. (2004). Service-learning at dementia care programs: An orientation and training program. *Gerontology & Geriatrics Education*, 25 (1), 19-35.
- Gigliotti, C. M., Jarrott, S. E., & Yorgason, Y. (2004). Harvesting Health: Effects of Three Types of Horticultural Therapy Activities for Persons with Dementia. *Dementia*, 3, 161-180.
- Gigliotti, C. M., Jarrott, S. E., & Relf, P. D. (2003). Horticulture therapy for persons with dementia: Utilizing an environmental press perspective to integrate theory and research. *Journal of Therapeutic Horticulture*, 14, 8-17.
- Deutchman, D. E., Bruno, K. A., & Jarrott, S. E. (2003). Young at heart: Intergenerational activities involving persons with dementia. *Activity Directors' Quarterly*, 4(2) 27-35.
- Gaugler, J. E., Jarrott, S. E., Zarit, S. H., Stephens, M. A. P., Townsend, A. & Greene, R. (2003). Respite for dementia caregivers: The effects of adult day service use on caregiving hours and care demands. *International Psychogeriatrics*, 15, 37-58.
- Jarrott, S. E. & Bruno, K. A. (2003). Intergenerational activities involving persons with dementia: An observational assessment. *American Journal of Alzheimer's and Related Diseases*, 18, 31-38.

- Gaugler, J. E., Jarrott, S. E., Zarit, S. H., Stephens, M. A. P., Townsend, A., & Greene, R. (2003). Adult day service use and reductions in caregiving hours: Effects on stress and psychological well-being for dementia caregivers. *International Journal of Geriatric Psychiatry, 18*, 55-62.
- Jarrott, S. E., Kwack, H. R., & Relf, P. D. (2002). An observational assessment of a dementia-specific horticultural therapy program. *HortTechnology, 12*(3), 403-410.
- Jarrott, S. E. (2001). Service-learning at dementia care programs: A social history project. *Journal of Teaching Marriage and the Family: Innovations in Family Science and Education 1*(4), 1-12.
- Jarrott, S. E., & Blieszner, R. (2001). Creating families in the classroom: An active learning approach. *Gerontology and Geriatrics Education, 22*, 15-27.
- Jarrott, S. E., Zarit, S. H., Stephens, M. A. P., Townsend, A., & Greene, R. (2000). Effects of adult day service programs on time usage by employed and non-employed caregivers. *Journal of Applied Gerontology, 19*, 371-388.
- Jarrott, S. E., Zarit, S. H., Stephens, M. A. P., Townsend, A., & Greene, R. (1999). Caregiver satisfaction with adult day service programs. *American Journal of Alzheimer's Disease, 14*, 233-244.
- Zarit, S. H., Gaugler, J. E., & Jarrott, S. E. (1999). Useful services for families: Research findings and directions. *International Journal of Geriatric Psychiatry, 14*, 165-181.
- Jarrott, S. E., Zarit, S. H., Berg, S., & Johansson, L. (1998). Adult day care for dementia: A comparison of programs in Sweden and the USA. *Journal of Cross-cultural Gerontology, 13*(2), 99-108.

Book Chapters

- Jarrott, S. E. (in press). Intergenerational caregiving with non-family members: Shared site programs. In *Caregiving Across the Professions*. New York: Oxford Press.
- Roberto, K. A., & Jarrott, S. E. (in press). Caregiving in late life: A life-span human development perspective. In *Caregiving Across the Professions*. New York: Oxford Press.
- Jarrott, S. E. (2005). Evaluation. In S. Steinig, J. Simon (Eds.), *Under One Roof: A Guide to Starting and Strengthening Intergenerational Shared Site Programs* (pp. 85-97). Washington, D.C.: Generations United.
- Zarit, S. H., Johansson, L., & Jarrott, S. E. (1998). Family caregiving: Stresses, social programs and clinical interventions. In I. H. Nordhus, G. VandenBos, S. Berg & P. Fromholt (Eds.), *Clinical Geropsychology* (pp. 345-360). Washington, D.C.: American Psychological Association Books.
- Zarit, S. H., Davey, A., Edwards, A. B., Femia, E. E., & Jarrott, S. E. (1996). Family caregiving: Research findings and clinical application. In B. Edelstein (Ed.), *Clinical Geropsychology* (pp. 499-523). Oxford, UK: Elsevier.

Reviewed Conference Proceedings

Jarrott, S. E., & Gigliotti, C. (2004). From the garden to the table: Evaluation of a dementia-specific HT program. In D. Relf & B. H. Kwack (Ed). *Acta Horticulturae (XXX): Expanding Roles for Horticulture in Improving Human Well-Being and Life Quality*, (pp. 139-144). Brussels, Belgium: International Society for Horticultural Sciences.

Gigliotti, C., Jarrott, S., Gaines, B., Cook, C., Pecora, P., Predney, M., & Relf, P. D. (2004). Horticulture therapy and seniors: A manual for recreational therapists and master gardeners. In D. Relf & B. H. Kwack (Ed). *Acta Horticulturae (XXX): Expanding Roles for Horticulture in Improving Human Well-Being and Life Quality*, (pp. 151-158). Brussels, Belgium: International Society for Horticultural Sciences.

Jarrott, S. E., & Graham, B. C. (2001, October 16). Preparing for intergenerational programs. In K.A. Roberto & P.T. Teaster (Eds.), *Proceedings of the Virginia Governor's Conference on Aging* (pp. 10-14). Blacksburg, VA: Virginia Tech Center for Gerontology. [Available online at <http://www.aging.state.va.us/>].

Community Educational Materials

Jarrott, S. E., Gigliotti, C. M., Gladwell, M., Papero, A., Cummings, R., & Milne, K. M. (Eds.). (2005). Growing Community: The Virginia Tech Child Development Center for Learning and Research and Adult Day Services Orientation Manual (Rev. Ed.). (Available from Jarrott, Dept. Human Development (0416) Virginia Tech, Blacksburg, VA 24061-0416).

Husser, E. (Producer), & Jarrot, S. E. (Director). (2005). *Neighbors Growing Together: VT intergenerational programs* [Motion picture]. (Available from S. E. Jarrott, Dept. of Human Development, Virginia Tech, Blacksburg, VA 24061-0416)

Jarrott, S. E., & Yorgason, J. (2001). *A handbook for caregivers: Understanding and coping with Alzheimer's and related disorders*. Richmond, VA: The Commonwealth of Virginia Department for the Aging.

Book Reviews

Jarrott, S. E. (2000). Montessori-based activities for persons with dementia: Volume 1. *Journal of Women & Aging*, 12, 205-207.

Non-juried Technical Reports

Jarrott, S. (2002). Promoting active learning by creating classroom families. *Adult Development and Aging News*, 3(2), 16-17.

Jarrott, S. E. (2001, September). *Parent survey report*. Final report made to the Organization for the Needs of the Elderly, Joining Older and Younger, Van Nuys, CA.

- Jarrott, S. E. (2001, January). *Care-recipient report*. Final report made to the Organization for the Needs of the Elderly, Joining Older and Younger, Van Nuys, CA.
- Jarrott, S. E. (2000, June). *Caregiver report*. Final report made to the Organization for the Needs of the Elderly, Joining Older and Younger, Van Nuys, CA.
- Gaugler, J. E., & Jarrott, S. E. (1998). Psychosocial resources and adaptation to work transitions in late-life. The Pennsylvania State University, Gerontology Center: University Park, PA.
- Jarrott, S. E., Zarit, S. H., Berg, S., & Johansson, L. (1996). A comparison of day care in Sweden and the United States. *Adel: utvarderingen*. Report to the Swedish Social Ministry of Health.

Funded Research

- 2006** **Center for Excellence in Undergraduate Teaching**
Amount: \$6,000
Title: Building Community at Shared Site Intergenerational Communities: Finding Strength in Diverse ages and Abilities
Faculty Mentor: Shannon Jarrott; Graduate Student Fellow: Aaron Weintraub
College of Liberal Arts & Human Sciences
Amount: \$2,928
Title: Intergenerational Oral History Project
PI: Shannon Jarrott; Co-PIs: David Hicks, Vickie Fu
- 2003** **Virginia Center on Aging: Alzheimer's and Related Diseases Research Award Fund**
Amount: \$25,000
Title: Horticultural Therapy for Persons with Dementia: Advancing Preliminary Research
Co-Principle Investigators: Shannon Jarrott, P. Diane Relf
- Center for Gerontology Faculty Affiliate Grant**
Amount: \$3,500
Title: Building Community among Neighbors: Intergenerational Programming for Elders and Children
Co-Principle Investigators: Shannon Jarrott, Andrew Stremmel
Investigators: Alison Galway, Christine McCartney
- Virginia Tech Office of International Education and Research**
Amount: \$1,000
Title: Aging in Sweden: A study abroad course.
- Virginia Tech Sponsored Programs**
Amount: \$1,300
Title: International Collaboration: Aging and Dementia Research.

- 2002 Department of Human Development Seed Grant**
Amount: \$2,990
Title: Tai Chi with Adult Day Service Participants.
- 2001 Virginia Tech ASPIRES Fund**
Amount: \$35,000
Title: Dementia Care Mapping: A validity study
Co-Principle Investigators: Shannon Jarrott, Keying Ye
- Center for Excellence in Undergraduate Education**
Amount: \$3,000
Title: Course release to develop an intergenerational relationships course
- Center for Excellence in Undergraduate Education**
Amount: \$450
Title: Course enhancement: Intergenerational Social History Project
- Department of Human Development Seed Grant**
Amount: \$3,000
Title: Dementia patients with green thumbs: Horticultural therapy
- Virginia Tech Office of International Education and Research**
Amount: \$1,500
Title: Aging in Sweden: A study abroad course.
- Department of Human Development Seed Grant**
Amount: \$3,000
Title: Dementia Care Mapping: A validity study
- Virginia Department for the Aging**
Amount: \$5,000
Title: Alzheimer's Caregivers Educational Material
PI: Karen Roberto. Project Director: Shannon Jarrott
- 2000 Department of Human Development Seed Grant**
Amount: \$3,000
Title: Dementia Care Mapping: Evaluating the effects of intergenerational programs.
- 1999-2000 Virginia Center on Aging: Alzheimer's and Related Diseases Research Award Fund.**
Amount: \$16,500.
Title: The effects of instrumental assistance on family caregivers of patients with dementia.

Virginia Polytechnic Institute and State University: Center for Excellence in Undergraduate Teaching. International Fellow Grant.

Amount: \$7,500

Title: Aging in the welfare state: Services for seniors in Sweden.

Professional Presentations

- Jarrott, S. E., Porter, R. M., & Vile, S. E. (2006, April). *Real world opportunities to introduce undergraduates to gerontology*. Workshop presented at the annual meetings of the Southern Gerontological Society, Lexington, KY.
- Gigliotti, C. M., & Jarrott, S. E. (2005, November). *Horticulture therapy programming at dementia-care programs: Assessing the impact on engagement, affect, and behavior problems*. Poster presented at the annual meetings of the Gerontological Society of America, Orlando, FL.
- Jarrott, S. E. (2005, November). *Observing persons with dementia: Process, procedures, and outcomes*. Paper presented at the annual meetings of the Gerontological Society of America, Orlando, FL.
- Jarrott, S.E., Gigliotti, C. M., Brossoie, N., Mancini, J.A., & Fenyk, S. (2005, November). *Good neighbors are hard to find: Development of a community capacity measure for shared site intergenerational communities*. Poster presented at the annual meetings of the Gerontological Society of America, Orlando, FL.
- Jarrott, S. E., Stauffer, D. Love-Norris, J., & Knowles, R. (2005, November). *“Like a barefoot climb up a mountain”: Building community among intergenerational program staff*. Poster presented at the annual meetings of the Gerontological Society of America, Orlando, FL.
- Husser, E., & Jarrott, S. E. (2005, November). *Neighbors Growing Together*. Media presentation at the annual meetings of the Gerontological Society of America, Orlando, FL.
- Rogers, S. D., & Jarrott, S. E. (2005, November). *Differences in upper-body strength in adults with and without dementia: Investigating the “excess disability” phenomenon*. Poster presented at the annual meetings of the Gerontological Society of America.
- Hudgins, C., & Jarrott, S. E. (2005, September). *Marketing intergenerational programs*. Presentation at the annual meetings of the Gerontological Society of America.
- Jarrott, S. E. (2005, September). *Charting the intergenerational path: Shared site programs*. Paper presented at the biannual meetings of Generations United, Washington, DC.
- Jarrott, S. E., & McCartney, C. (2005, September). *Achieving intergenerational goals through Results Management: An introduction to Virginia Tech intergenerational programs*. Workshop presented at the biannual meetings of Generations United, Washington, DC.

- Jarrott, S. E., Love-Norris, J., & Gigliotti, C. M. (2005, April). *Intergenerational programs: A strengths based approach*. Paper presented at the meetings of the Southern Gerontological Society, Orlando, FL.
- Rogers, S. D., & Jarrott, S. E. (2005, March). *Feasibility of a resistance training intervention for adults with dementia: Evaluation of participant engagement*. Paper presented at the meetings of the Southern Gerontological Society, Orlando, FL.
- Gigliotti, C. M., Jarrott, S. E., & Love-Norris, D. (2004, November). *Therapeutical alternatives for persons with dementia: A comparison between music therapy and horticulture therapy in institutional care programs*. Poster presented at the meetings of the Gerontological Society of America, Washington, D.C.
- Gigliotti, C. M., Morris, M., Smock, S., & Jarrott, S. E. (2004, November). *Supporting community through an intergenerational program involving persons with dementia and preschool children*. Paper presented at the meetings of the Gerontological Society of America, Washington, D.C.
- Jarrott, S. E., Morris, M., Kemp, A. J., & Stremmel, A. (2004, November). *Intergenerational cross-training partners: Collaboration at a shared site community*. Paper presented at the meetings of the Gerontological Society of America, Washington, D.C.
- Jarrott, S. E., Camp, C. J., & Travis, S. S. (2004, November). *Building community at a shared site intergenerational program*. Symposium presented at the meetings of the Gerontological Society of America, Washington, D.C.
- Rogers, S. D., & Jarrott, S. E. (2004, November). *Effectiveness of a group strength training intervention for adults with dementia at an adult day service*. Poster presented at the meetings of the Gerontological Society of America, Washington, D.C.
- Rogers, S. D., Gigliotti, C. M., Jarrott, S. E., & Weaver, B. L. (2004, April). *A progressive physical activity program for persons with dementia*. Workshop presented at the meetings of the Southern Gerontological Society, Atlanta, GA.
- Roberto, K. A., Blieszner, R., Jarrott, S. E., & Piercy, K. W. (2004, February). *Facilitating faculty-student research teams: Successful strategies and common challenges*. Discussion presented at the meetings of the Association for Gerontology in Higher Education, Richmond, VA.
- Wagner, D. L., Neal, M. B., O'Brien, N., & Jarrott, S. E. (2004, February). *Global aging: Implications for research, education, and practice*. Symposium presented at the meetings of the Association for Gerontology in Higher Education, Richmond, VA.
- Fruhauf, C. A., Jarrott, S. E., & Allen, K. A. (2003, November). *Grandchildren's perceptions of caring for grandparents*. Poster presented at the meetings of the Gerontological Society of America, San Diego, CA.

- Gigliotti, C. M., & Jarrott, S. E. (2003, November). *Lady Slippers at adult day services: Evaluation of a dementia-specific HT Program*. Poster presented at the meetings of the Gerontological Society of America, San Diego, CA.
- Gladwell, M. S., & Jarrott, S. E. (2003, November). *An observational assessment of elders with dementia during intergenerational activities*. Poster presented at the meetings of the Gerontological Society of America, San Diego, CA.
- Nunley, R., Jarrott, S. E., & Reiser, A. C. (2003, November). *"I think It's about Time We Spent Time Together": Linking Young Children and Persons with Dementia*. Poster presented at the meetings of the Gerontological Society of America, San Diego, CA.
- Sheetz, S.D., Jarrott, S.E., & S. Foret, (2003, August). *Observing People with Dementia to Improve Their Quality of Life*. Paper presented at the Americas Conference of Information Systems, Tampa Florida.
- Jarrott, S. E., Gigliotti, C. M., Gladwell, M., Stremmel, A., Galway, A., McCartney, C., Rose, S., & Shepisi, I. (2003, April). *Common ground: Building community in a co-located child and adult care setting*. Paper presented at the meetings of the Southern Gerontological Society, Richmond, VA.
- Gladwell, M. S., Jarrott, S. E., & Gigliotti, C. M. (2002, November). *Fostering intergenerational community: An intergenerational approach*. Paper presented at the meetings of the Gerontological Society of America, Boston, MA.
- Gigliotti, C. M., Jarrott, S. E., & Yorgason, J. (2002, November). *Harvesting health: Effects of different horticultural therapy activities for persons with dementia*. Paper presented at the meetings of the Gerontological Society of America, Boston, MA.
- Lambert-Shute, J. J., Jarrott, S. E., & Fruhauf, C. A. (2002, November). *Service-learning: Influences on aging attitudes*. Poster presented at the meetings of the Gerontological Society of America, Boston, MA.
- Gozali, T., & Jarrott, S. E. (2002, November). *Montessori-based activities for persons with dementia: Effects on engagement and affect in small group settings*. Poster presented at the meetings of the Gerontological Society of America, Boston, MA.
- Sheetz, S. D., & Jarrott, S. E. (2002, November). *Dementia Care Mapping: Computer-aided observational data collection and processing*. Paper presented at the meetings of the Gerontological Society of America, Boston, MA.
- Jarrott, S. E., & Fruhauf, C. A. (2002, November). *Dementia Care Mapping: A validity assessment*. Poster presented at the meetings of the Gerontological Society of America, Boston, MA.
- Jarrott, S. E. (2002, November). *Intergenerational Opportunities in Aging*. Paper presented at the meetings of the Southwest Virginia Association of Activities Professionals. Roanoke, VA.

- Jarrott, S.E., & Gigliotti, C. M. (2002, August). *From the garden to the table: Evaluation of a dementia-specific HT program*. Poster presented at the meetings of the International Horticulture Conference, Toronto.
- Gigliotti, C. M., Jarrott, S. E., Gaines, B., Cook, C., Pecora, M., Predney, M., & Relf, P.D. (2002, August). *Horticulture Therapy and seniors: A manual for recreational therapists and Master Gardeners*. Poster presented at the meetings of the International Horticulture Conference, Toronto.
- Jarrott, S.E., Gigliotti, C. M., & Gladwell, M. S. (2002, May). *Adult day service use by Virginia caregivers: Support in the Commonwealth*. Poster presented at the meetings of the Southern Gerontological Society, Orlando, FL.
- Jarrott, S. E. & Yorgason, J. B. (2002, February). *Service-Learning at dementia care programs: A social history project*. Paper presented at the meetings of the Association for Gerontology in Higher Education, Pittsburgh, PA.
- Yorgason, J. B., Jarrott, S. E., & Goldstein, C. (2002, February). *Enhancing staff/participant relationships through group reminiscence activities*. Paper presented at the meetings of the Association for Gerontology in Higher Education, Pittsburgh, PA.
- Fruhauf, C., & Jarrott, S. E. (2002, February). *A semester of co-teaching an adult development and aging course: Insights and suggestions for future instructors*. Paper presented at the meetings of the Association for Gerontology in Higher Education, Pittsburgh, PA.
- Jarrott, S. E. (2001, November). *Intergenerational activities involving persons with dementia: An observational assessment*. Poster presented at the meetings of the Gerontological Society of America, Chicago, IL.
- Gojali, T., Jarrott, S. E., Lambert-Shute, J., & Lavery, K. (2001, November). *Montessori-based activities for people with dementia: An evaluation by facilitators and participants*. Poster presented at the meetings of the Gerontological Society of America, Chicago, IL.
- Nester, S. L., & Jarrott, S. E. (2001, November). *Children and elders with dementia in modified Montessori activities: An evaluation of affect and activity*. Poster presented at the meetings of the Gerontological Society of America, Chicago, IL.
- Jarrott, S. E., & Graham, B. C. (2001, October). *Preparing for intergenerational programs*. Paper presented at the Governor's Conference on Aging, Williamsburg, VA.
- Jarrott, S. E., & Bruno, K. (2001, October). *ONE intergenerational day care: A process evaluation of an intergenerational day program*. Paper presented at the meetings of Generations United, Alexandria, VA.
- Fruhauf, C., Jarrott, S. E., Geller, K., Lavery, K., & Rhody-Scott, D. (2001, September). *Aging in a welfare state: Lessons learned while studying in Sweden*. Paper presented at the Center for Gerontology Forum, Blacksburg, VA.

- Jarrott, S. E., Kwack, H. R., & Relf, P. D. (2001, August). *Dementia patients with green thumbs: An evaluation of horticulture therapy*. Poster presented at the meetings of the American Psychological Association, San Francisco, CA.
- Nester, S. L., Jarrott, S. E., & Martin, D. (2001, April). *Tai chi and frail elders with dementia*. Paper presented at the meetings of the Southern Gerontological Society, Lexington, KY.
- Jarrott, S. E., & Bruno, K. A. (2001, March). *ONE J.O.Y.: A process evaluation of an intergenerational day program*. Paper presented at the meetings of the American Society on Aging, New Orleans, LA.
- Nester, S. L., & Jarrott, S. E. (2001, February). *Gerontologists in the sandbox: The need for lifespan development training*. Paper presented at the meetings of the Association for Gerontology in Higher Education, San Jose, CA.
- Jarrott, S. E., Nester, S. L., & Forbes, M. A. (2000, November). *Family caregivers in Virginia: What helps?* Poster session presented at the meetings of the Gerontological Society of America, Washington, DC.
- Jarrott, S.E. (2000, June). *Effects of instrumental assistance on family caregivers*. Paper presented at the Virginia Center on Aging conference, Richmond, VA.
- Jarrott, S.E., & Blieszner, R. (2000, February). *Creating a family in the classroom: An active learning approach*. Paper presented at the meetings of the American Association for Gerontology in Higher Education, Myrtle Beach, SC.
- Jarrott, S. E., Zarit, S. H., Townsend, A., Stephens, M. A. P., & Greene, R. (1999, November). *Differential effects of informal and formal assistance on strain of spouse and adult child caregivers*. Paper presented at the meetings of the Gerontological Society of America, San Francisco, CA.
- Jarrott, S. E., Zarit, S. H., Stephens, M. A. P., Townsend, A., & Greene, R. (1998, November). *The role of informal and formal help in relieving caregivers' strain*. Paper presented at the meetings of the Gerontological Society of America, Philadelphia, PA.
- Gaugler, J.E., & Jarrott, S.E. (1998, August). *The effects of psychosocial resources on the transition to retirement*. Poster presented at the meetings of the American Psychological Association, San Francisco, CA.
- Leitsch, S. A., Zarit, Jarrott, S. E., Greene, R., & Stephens, M.A.P. (1997, November). *Adult day care: Medical versus social models*. Paper presented at the meetings of the Gerontological Society of America, Cincinnati, OH.
- Jarrott, S.E., & Femia, E.E. (1997, August). *Changes in caregiver contact and supervision: An individual growth approach*. Poster presented at the meetings of the American Psychological Association, Chicago, IL.
- Jarrott, S. E., Leitsch, S. A., Zarit, S. H., Berg, S. & Johansson, L. (1996, November). *A comparison of adult day care in Sweden and the US*. Poster presented at the meetings of the Gerontological Society of America, Washington, D.C.

- Kwee, E.E., Edwards, A.B., Jarrott, S.E., Leitsch, S.A., Gaugler, J.E., Zarit, S.H., Townsend, A., & Stephens, M.A.P. (1996, November). *Modeling longitudinal changes in caregiver health*. Poster presented at the meetings of the Gerontological Society of America, Washington, DC.
- Jarrott, S. E., Zarit, S.H., Johansson, L., & Berg, S. (1996, June). *A comparison of day care in Sweden and the USA*. Poster presented at the Nordic Gerontology Conference, Helsinki, Finland.
- Jarrott, S. E., & Zarit, S. H. (1995, November). *Effects of day care on time usage by employed and non-employed caregivers*. Poster presented at the meetings of the Gerontological Society of America, Los Angeles, CA.
- Kwee, E.E., Zarit, S. H., Edwards, A.B., Davey, A., & Jarrott, S. E. (1995, November). *Caregivers' health-seeking behavior: Impact on the intensity of stressors*. Poster presented at the meetings of the Gerontological Society of America, Los Angeles, CA.

Invited Presentations

- Jarrott, S. E. (2005, November). *Charting the intergenerational path: Shared site programs*. Paper presented at the Generations Crossing annual board meeting, Harrisonburg, VA.
- Jarrott, S. E. (2005, September). *Intergenerational program evaluation*. Workshop presented at the biannual meetings of Generations United, Washington, DC.
- Jarrott, S. E. (2003, June). *Intergenerational caregiving with non-family members: Co-located programs*. Paper presented at the Rosalyn Carter Institute Caregiver Expert Panel: Intergenerational Caregiving, Washington, DC.
- Jarrott, S. E. (2002, June). *Dementia Care Mapping: Practice, Research, and Implications*. Paper presented at the Creative Caring Conference, Roanoke, VA.
- Jarrott, S. E. (2002, June). *Intergenerational Opportunities for Health*. Paper presented at the Women's Health Virginia Conference, Charlottesville, VA.
- Jarrott, S. E. (2002, April). *A Community Capacity Model for Intergenerational Programs*. Workshop presented to Louisa County Intergenerational Center.
- Fruhauf, C., Jarrott, S. E., Geller, K., Lavery, K., & Rhody-Scott, D. (2001, September). *Aging in a welfare state: Lessons learned while studying in Sweden*. Paper presented at the Virginia Polytechnic Institute and State University Center for Gerontology Forum Series, Blacksburg, VA.
- Jarrott, S. E., Nester, S. L., Gozali, T., Campbell, S., Mehta, S., Liversedge, C., Graham, B., & Lambert-Shute, J. (2001, February). *Intergenerational collaboration in Human Development: Adult Day Services and Child Development Lab programs*. Paper presented at the Virginia Polytechnic Institute and State University Human Development Professional Seminar Series, Blacksburg, VA.

- Jarrott, S. E. (2000, November). *Understanding dementia*. Giles County Adult Multi-disciplinary Team Seminar on Caregiving, Pearisburg, VA.
- Jarrott, S. E. (2000, October) *Caring for the caregiver*. Virginia Adult Day Service Association annual training day, Richmond, VA.
- Jarrott, S. E. (2000, October). *It looks great but so what? Evaluation of horticulture therapy programs*. Horticulture for Health and Human Well-being conference, Boyce, VA.
- Jarrott, S. E. (2000, June). *Effects of instrumental assistance on family caregivers*. Virginia Center on Aging: Alzheimer's and Related Diseases Research Award Fund conference, Richmond, VA.
- Jarrott, S. E. (1999, November). *Who cares for the caregiver? The effects of support for family caregivers of persons with dementia*. Paper presented at the Virginia Family and Consumer Sciences Professional Day, Roanoke, VA.
- Jarrott, S. E. (1999, October). *Family caregivers of older persons with Alzheimer's disease: Support as a critical link*. Paper presented at the Virginia Polytechnic Institute and State University Center for Gerontology Forum, Blacksburg, VA.
- Jarrott, S. E. (1999, September). *How important is support to caregiver stress and well-being? The effects of practical assistance*. Paper presented at the annual meeting of the Blue Ridge Alzheimer's Association, Roanoke, VA.
- Zarit, S. H., Jarrott, S. E., Edwards, A.B., Simmons, S.F., Kwee, E.E., & Grant, J. (1995, September). *Aging in a welfare state: Caring for the elderly in Sweden*. The Pennsylvania State University College of Health and Human Development's Gerontology Colloquia, State College, PA.
- Jarrott, S.E. (1995, July). *Normative and non-normative aging*. Presented at the Centre County Area on Aging lecture series, State College, PA.

Awards and Honors

- 2006**
- Southern Gerontological Society**
Best Practices Award to Neighbors Growing Together
 - Virginia Polytechnic Institute and State University**
Alumni Award for Excellence in Outreach – Team Achievement to Neighbors Growing Together
 - Advance VT**
Leadership Program Fellow
 - College of Liberal Arts & Human Sciences**
Grant Writing Institute Fellow
- 2005**
- Who's Who of America's Teachers**
 - Center for Gerontology, Virginia Tech**
Research Fellow

Generations United

Leadership in Promoting Intergenerational Programs to Neighbors
Growing Together

- 2004** **Virginia Association on Aging**
Educator of the Year
- College of Liberal Arts and Human Sciences**
Excellence in Graduate Student Advising Award
- NIH/OBSSR**
Randomized Clinical Trials in Behavioral/Social Interventions Fellow
- 2000** **NIA Summer Institute on Aging Research**
NIA Institute Fellow
- 1997** **APA Division 20 Travel Grant Award**
Award to participate in the annual meetings of the American
Psychological Association, Chicago.
- 1996-1998** **National Institute on Aging**
Pre-doctoral trainee fellowship
- 1996** **Pennsylvania State University**
Graduate Research Exhibition
Third place in Behavioral and Social Sciences
- 1992** **University of California, Davis**
Human Development Honors Graduate

Professional Consultations

- 2005-
Present** **Center for Intergenerational Learning, Temple University,
Philadelphia, PA.**
PEvaluator: Intergenerational Training Network
- 2005-2006** **Christian Communities Group Homes, Inc. Washington, DC.**
Principal Evaluator: Age in Place program
- 2004-
Present** **Goochland Fellowship & Family Services, Goochland, Virginia.**
Intergenerational Program Development Consultant
- 2001-2002** **Louisa County Intergenerational Center, Louisa, Virginia.**
Intergenerational Programming Consultant
- 1999-2000** **ONEgeneration Daycare, Van Nuys, California.**
Program Evaluator
- 1999** **Craig County Adult Day Program, Newcastle, Virginia.**
Development Consultant

Course Instructor or Assistant

Virginia Polytechnic Institute and State University

HD 3004 Adult Development and Aging; Issues in Aging
HD 3114 Issues in Aging
HD 3114 Issues in Aging: Intergenerational Programs
HD 4114 Community Based Services for Older Adults
HD 4984 Aging in Sweden and the US – Study Abroad Course
HD 4984 Aging in Sweden and the US – Traditional Classroom Format
HD 5114 Adult Development II: Interpersonal Relationships
HD 5134 Administration of Community Based Services for Older Adults
HD 6124 Therapeutic Strategies with Older Adults

The Pennsylvania State University

HDFS 446: Programs in Gerontology (Instructor)
HDFS 129: Introduction to Human Development (Assistant)
HDFS 245: Introduction to Gerontology (Assistant)
HDFS 312W: Empirical Inquiry (Section Leader)
HDFS 411: The Helping Relationship (Section Leader)

Graduate Student Committees Chaired

Denise Love-Norris (Ph.D.)
Christina Gigliotti (M.S., Ph.D.)
Sharon Rogers (Ph.D.) (Co-chair)
Christine Fruhauf (Ph.D.)
Melissa Gladwell (M.S.)
Tsofit Gozali (M.S.)
Susan Nester (M.S.)

Professional Memberships and Participation

American Psychological Association Division 2 (1998-1999)
American Psychological Association Division 20 (1998-1999)
American Society on Aging (1999-2001)
Gerontological Society of America (1994-Present): Campus Representative, BSS
Program Committee (2000-2001)
Sigma Phi Omega Gerontological Honor Society: Faculty Advisor
Southern Gerontology Society (1999-Present)
Virginia Administration on Aging Board of Directors (2000-2002): Awards
Committee Chair (2001)

Ad Hoc Reviewer

Acta Horticulturae (XXX) (2002)
Aging & Mental Health (2005)
American Association for Gerontology in Higher Education (2000)
American Journal of Alzheimer's and Related Disorders (1999-Present) (Editorial
Board 2003-Present)
Dementia (2005)
Educational Gerontology (2000)
Family Relations (2002, 2004-Present)
Gerontological Society of America (2000)

Gerontologist (2005)
International Psychogeriatrics (2000)
Journal of Applied Gerontology (1999-Present) (Editorial Board 2003-Present)
Journal of Health & Social Behavior (2004)
Journal of Gerontology: Social Sciences (1999, 2002)
Journal of Marital & Family Therapy (2004)
Journal of Women and Aging (1999)
Marriage & Family Therapy (2004)
Psychology and Aging (2002)
Retirement Research Foundation (2000)

University Service

Department of Human Development

2005-Present Adult Development and Aging Area Coordinator
2002-Present Department Awards Committee (Chair, 2004-2006)
2003-Present Undergraduate Curriculum Committee
2000-2003 Professional Seminar Committee
2001 Assistantship Committee
1999-Present Adult Development and Aging Committee
 Adult Day Services Advisory Board Member
1999-2000 Graduation Committee
 Comprehensive Exam Committee
 Human Services Committee

College of Liberal Arts and Human Sciences

2003-2004 Undergraduate Curriculum Committee
1999-2000 International Committee: Department Representative

University

2000-2002 Faculty Advisor to Sigma Phi Omega Gerontology Honor Society
1999-Present Center for Gerontology Affiliate