Title: Banana Splits
Recommended for: 2-5 Year Olds

Objectives:

Children
• Fine motor
• Follows direction
• Cooperation
• Attention to detail

Adults
• Fine motor
• Teamwork
• Positive mood
• Recognition

Materials Needed:
• Pre-bought ice cream
• Bananas
• Gummy bears
• M&M’s
• Whip cream
• Chocolate syrup

• Cherries
• Other sides to choice
• Bowls
• Spoons
• Plastic knives
• Napkins

Methods:
Facilitator Preparation
1. Purchase or collect all ingredients.
2. Option: Have adults and/or children peel bananas prior to IG activity to save time.
3. Cover your workstation.
4. Set up cooking stations: place two bowls with two bananas next to the adult, two napkins per IG pair, one plastic knife per IG pair, and two spoons per IG pair. Have the ice cream toppings on a table separate from the IG pairs.
5. Have facilitator give the ice cream scoop to the adult when it is time.
6. Have facilitator distribute ice cream topping bowls to the IG pairs when it is time.

Intergenerational Participants
1. Introduction -- pair each elder with a child and sing the hello song.
2. Banana split discussion between IG pairs.
3. Have the IG pair cut the bananas together.
4. Have the IG pair portion the ice cream together.
5. Ask the IG pairs’ to finish creating their partners banana split with the appropriate toppings.
6. Serve one another and enjoy!
7. Clean up and sing the goodbye song.

Helpful Websites
• http://www.chiquitabananas.com/Banana-Recipes/kids-recipes.aspx

Special Considerations
• Child friendly cutting materials.
• Safety with knives: Opportunity to ask a capable adult participant to help peel or cut bananas prior to the activity.
• Food allergies.
• Using gloves when handling food.

**Getting To Know You**
• “Talk with your partner about your favorite ice cream flavor.”
• “Talk with your partner about your favorite toppings.”

**Encouraging Interaction**
• “Can you ask ______ about a time when they have had a banana split?”
• “Can you ask ______ what events we celebrate with a banana split?”
• “_____ could you ask _____ to scoop your ice cream?”
• “_____ could you ask _____ to gather your toppings?”
• “_____ could you ask _____ what other desserts they like creating?”

**Extension Opportunities**
• Creating other desserts.
• Making homemade ice cream or other creations.