Title: Mothers Day
Recommended for: elders and children
2-5 years
Length of activity: 30 minutes
Suggested group size: 3-4 IG pairs

<table>
<thead>
<tr>
<th>Objectives: Children</th>
</tr>
</thead>
<tbody>
<tr>
<td>Coordination</td>
</tr>
<tr>
<td>Follows directions</td>
</tr>
<tr>
<td>Team work</td>
</tr>
<tr>
<td>Letter recognition</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Adults</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fine motor</td>
</tr>
<tr>
<td>Recognition</td>
</tr>
<tr>
<td>Positive mood</td>
</tr>
<tr>
<td>Communication</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Materials Needed:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Paint</td>
</tr>
<tr>
<td>Paintbrushes</td>
</tr>
<tr>
<td>Pictures of children</td>
</tr>
<tr>
<td>Scrapbook paper</td>
</tr>
<tr>
<td>Popsicle sticks</td>
</tr>
<tr>
<td>Glue</td>
</tr>
<tr>
<td>Poem</td>
</tr>
<tr>
<td>Markers</td>
</tr>
</tbody>
</table>

**Methods**

**Facilitator Preparation**
1. Purchase or collect all ingredients and supplies.
2. Cover your workstation.
3. Glue the popsicle sticks into “V” (e.g. two “V’s” make a “M”).
4. Print and cut out Mother’s Day poem.
5. Seniors can help cut out hands to be placed on the scrapbook page.
6. Take pictures of children.

**Intergenerational Participants**
1. Introduction-pair each older adult with a child and sing the hello song.
2. Have the pairs pick out a piece of scrapbook paper to use as a background.
3. Have the seniors paint the children’s palms and then press the painted hands onto the scrapbook paper.
   a. Children should wash their hands after they have made the hand prints.
4. Next, have the children and elders decorate with markers the popsicle “M’s.”
5. Glue the M’s onto the paper and glue the child’s picture in the middle where the “O” would be.
6. Finally, glue the poem on the back of the scrapbook paper. Set aside to dry.

---

**Best Practices**

- **Best Practice 1:** Staff members of adult and child programs collaborate to plan activities.
- **Best Practice 2:** Participants are involved in decision making about the activity.
- **Best Practice 3:** Participation is voluntary.
- **Best Practice 4:** Participants are prepared ahead of time and reflect on activities afterwards.
- **Best Practice 5:** Activities reflect participants’ interests, backgrounds, and social histories.
- **Best Practice 6:** Activities are age and role appropriate.
- **Best Practice 7:** Activities support interaction among intergenerational partners.
- **Best Practice 8:** Facilitators skillfully stage the environment to promote interaction.
- **Best Practice 9:** Facilitators consider the social environment and the role of staff members.
- **Best Practice 10:** Adaptive equipment is used as appropriate.
- **Best Practice 11:** Experiences are documented and communicated to varied resources to build upon in future activities.
7. Older adults, children, and facilitators hold hands and sing the goodbye song.

**Helpful Websites**
- http://www.familyfriendpoems.com/poems/holiday/mothers-day/
- http://www.mothersdaycelebration.com/mothers-day-poems.html

**Special Considerations**
- Have participants wear protective clothing.

**Getting To Know You**
- Have participants discuss what makes a mom special.
- Talk with your partner about what your mom does that means a lot to you.
- What other ways can be celebrate moms on Mother’s day?

**Encouraging Interaction**
- “______ can you help ______ decorate the popsicle sticks?”
- “Share a special memory you have with your mom to your partner.”

**Enrichment Opportunities**
- Horizontal extension: create a poem and craft for Father's Day.
- Downward extension: have seniors trace children’s hands to color in instead of painted handprints.

**Technology Opportunities**
- Take pictures of the activity using the camera on the iPad.
- Using the iPhoto app use the slideshow creation feature.
- The slideshow can be used to document the interaction between the children and elders and played for parents.