Title: Puffy Painting
Recommended for: 3-5 Year Olds

Objectives:

- Fine motor
- Follows direction
- Cooperation
- Hand-eye coordination

- Fine motor
- Teamwork
- Creative expression
- Communication

Materials Needed: Recommended for small groups of 2-3 children and 2-3 elders.

- Water (½ - ¾)
- Flour (1 cup)
- Salt (1 cup)
- Food coloring
- Funnel
- Squeeze bottles
- Construction paper
- Paint brushes

Methods:

Facilitator Preparation
1. Purchase or collect all supplies.
2. Cover your workstation.
3. Pre-portion the puffy paint ingredients.
4. Set up painting area. Give each IG pair: flour, salt, food coloring, and water. Set the funnel next to the child and the squeeze bottle with the older adult.

Intergenerational Participants
1. Introduction -- pair each adult with a child and sing the hello song.
2. Have the IG pair measure and put all of the ingredients into a large mixing bowl and stir (measure ingredients out if adults are unable to do so on their own).
3. One partner holds the bottle and funnel while the other partner pours the puffy paint into the bottle.
4. Have the IG pairs create a painting together with the puffy paint color they have. Encourage IG pairs to share with the larger group the different color puffy paints.
5. Ask IG pairs to tell the group about their painting.
6. Clean up and sing the goodbye song.

Helpful Websites

- [http://spoonful.com/crafts/glimmer-paints](http://spoonful.com/crafts/glimmer-paints)
Special Considerations
• Have the facilitator make sure all the clumps are out of the paint before funneling into the squeeze bottle. The paint needs to be thin enough to squeeze through the bottle. Add more water to achieve desired consistency.
• Cover clothing if participants are going to use their hands to paint.
• Ensure participants do not ingest puffy paint.

Getting To Know You
• Have IG pairs discuss different things they can make with the ingredients.
• “Can you ask ______ about a time when he/she painted?”
• “______ can you ask ______ what his/her favorite color is? What colors do you mix to make that color?”
• “Talk with your partner about what you would like to paint together.”

Encouraging Interaction
• Have IG pairs discuss how to mix and make various colors.
• Have IG pairs create a story to go along with their painting.
• Have IG pairs collaborate with the other pairs to share different colored squeeze bottles.

Extension Opportunities
• Making bakers clay and creating a clay project, which could be decorated with puff paint.
• Conduct a color wheel activity to mix and make different colors with the three primary colors.